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I respect the work of doctors, I respect the medical protocol, and I do not intend to interfere with medical treatments, not to influence our readers concerning ongoing medical treatments.

The PSYCH-K® process is strictly limited to the modification of beliefs. Its purpose is to engage and support the mind/body's natural self-healing processes in order to complement, not replace, usual, customary and medical treatment and medical care by qualified medical practitioners. The PSYCH-K® process is not designed to diagnose medical conditions. Nor is it designed to treat, heal, or cure any disease, illness, physical disability, medical problem or mental illness, whether chronic or acute. PSYCH-K® is not a replacement for appropriate medical attention or professional mental health care but a complement to it. PSYCH-K® is not medical advice, and should not be treated as such.

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While most people report positive results using PSYCH-K®, I ask the readers to take into account that, seldom there may be an emotional or physical feeling of discomfort as a side effect, generally for a short period of time.

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